



## When 'never-events' occur despite adherence to clinical guidelines: The case of venous thromboembolism in clear cell cancer of the ovary compared with other epithelial histologic subtypes<sup>☆</sup>

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### ARTICLE INFO

#### Article history:

Received 3 August 2009

#### Keywords:

Ovarian cancer

Clear cell

Venous thromboembolism

Endometriosis

### ABSTRACT

**Objective.** To determine the incidence of clinically significant venous thromboembolism (VTE) in women diagnosed with clear cell carcinoma of the ovary (CCC-O) interpreted in the context of Centers for Medicare and Medicaid Services (CMS) 'never-events.'

**Methods.** Using the institutional pathology Tumor Registry at the Massachusetts General Hospital (MGH), all women diagnosed with a CCC-O from 1994 to 2004 were identified. Controls with epithelial ovarian cancer of other histologies were matched for stage, age and year of diagnosis. Medical records were abstracted and pathology reviewed. All patients had surgical staging and/or cytoreductive surgery by a Gynecologic Oncologist at the MGH. All patients received appropriate peri- and post-operative prophylaxis with subcutaneous heparin and/or sequential compression devices. VTE was diagnosed with standard imaging techniques when clinical suspicion arose.

**Results.** Fifty-eight (58) women were diagnosed with CCC-O during the study period, 43 of whom had complete data available for analysis. Patients with Stage I or II disease comprised 70% of the patients. The mean age of the cohort was 55 and the mean weight 71 kg. Eighty-six (86) age, stage, and year of diagnosis matched controls were selected. The majority of controls had serous tumors (47%) with the remainder being endometrioid (33%), mucinous (14%), transitional cell (2%), sarcoma (2%) and mixed (2%). CCC-O was often seen in association with endometriosis 70% compared with 22% of controls ( $p < 0.0001$ ). Overall, 18 of 43 CCC-O patients (42%) had VTE while only 19 of 86 control patients (22%) had VTE ( $p = 0.024$ , OR = 2.5 CI 1.1504–5.60). The rate of VTE was not influenced by weight or smoking. In the CCC-O patients, seventeen percent (17%) of VTE was diagnosed at presentation while 50% was diagnosed postoperatively and 33% at the time of disease recurrence or progression. Overall, including cases and controls, late stage disease was more likely associated with VTE (18 of 39, 46%) vs. early stage disease (19 of 90, 21%),  $p = 0.004$ .

**Conclusions.** Women with CCC-O have a 2.5-times greater risk of disease related VTE than women with other histologies of epithelial ovarian cancer despite adherence to prophylactic guidelines. Given the high rate of VTE postoperatively as well as with disease recurrence, one should consider indefinite therapeutic anticoagulation in women with CCC-O. The case of CCC-O is one example of the impracticality of payment denial for 'never-events,' as VTE arises despite best efforts at prevention.

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### Introduction

Venous thromboembolism (VTE) has been identified as a significant healthcare quality issue and focus for the Centers for Medicare and Medicaid Services (CMS) [1]. Preventing VTE and its complications (such as pulmonary embolism) remain a national priority for healthcare quality. In fact, the use of preventative therapy for VTE is

among the performance measures that hospitals are required to report to CMS in order to receive full Medicare payment for services. Importantly, CMS has identified the occurrence of VTE in the inpatient setting of knee and hip surgery as a targeted 'never-event' leading to payment denials [2]. If carried over to the DVT in the general hospital population in the future, this designation may lead to decreased Medicare payments to hospitals.

Gynecologic malignancies in general, and ovarian cancer in particular, have been associated with high rates of VTE, even in the setting of appropriate use of VTE prophylaxis [3]. Clear cell carcinoma of the ovary (CCC-O) is the ovarian histologic subtype that has been associated most frequently with an unusually high rate of VTE [4,5].

<sup>☆</sup> This paper was presented in abstract form as a poster at the 38<sup>th</sup> Annual Meeting of the Society of Gynecologic Oncologists in San Diego, CA, 2007.

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